

My World

Directions:

Talk with your parents, siblings, grandparents or other family members. Ask them to talk with you about people you know who have disabilities. The people with disabilities may be living or dead. They may be family members, friends, neighbors, or other people you know about. Remember that sometimes disabilities are easy to notice and sometimes disabilities are “hidden” such as diabetes, hearing impairments, and learning disabilities. Ask questions about the people you talk about.

- What kind of disability did/does the person have?
- What type of accommodations or adaptive equipment did/does the person use?
- What did/does the person do for school and work?
- Where and when did/does the person live?
- How were/are things different now than when the person was a child?

Now, fill in your worksheet with information about the people you know who have disabilities. Decide where the person belongs on your circles of influence. Then write the person’s name or how you know them, their disability, and a few important things you learned about them. You may want to describe the person’s personality (happy, funny, grumpy, etc.), the person’s job (dentist, bus driver, carpenter, etc.), or other important interests and characteristics.

- Family – This includes immediate and distant family members from any generation. Consider “family” as an all-inclusive term to include adoptive, birth, foster, and stepfamily members.
- Friends – This includes individuals you know and interact with on a regular basis and are considered to be an important influence on you and your family. Examples could include fellow students, sports team mates, friends from summer camp, close family friends, neighbors, etc.
- Community – This includes individuals from any generation who are part of your extended community. Examples could include people you know of in the media, or people you see in the community such as business owners or members of your place of worship.

Name: _____

Date: _____

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